

**READI-CAT 2
CT ABDOMEN AND PELVIS PREPARATION**

NAME: _____ DATE OF EXAM _____
TIME OF EXAM _____

PLEASE CONTACT RECEPTIONIST BEFORE TAKING THIS PREPARATION IF YOU ARE PREGNANT, ALLERGIC TO ANY FOODS OR MEDICATION, HAD PRIOR REACTION TO BARIUM SULFATE PRODUCTS OR OTHER X-RAY CONTRAST AGENTS, TAKING ANY MEDICATIONS, HAVE ANY SERIOUS MEDICAL CONDITION FOR WHICH YOU ARE BEING TREATED, OR HAD RECENT SURGERY.

READI-CAT 2 must be taken so that the stomach, small bowel and colon can be easily identified on the CT images. (Be sure to read ALL instructions below before beginning.)

Overnight Administration Protocol:

Drink 1 bottle of Read-Cat 2 at 9:00 p.m. in the evening, and 1 bottle 1 hour prior to scan. Nothing to eat or drink after midnight.

30 Minute Barium Administration Protocol for Abdominal Studies:

Drink 300ml (1 ¼ cup) Read-Cat 2 30 minutes before scan and 150ml (¾ cup) immediately prior to scan.

90 Minute Barium Administration Protocol for Abdomen/Pelvis Studies:

Drink 1 bottle Read-Cat 2 90 minutes before scan, another 2/3 of a bottle 30 minutes before scan, and finally 1/3 of a bottle immediately prior to scan.

If your appointment is *before* noon, nothing to eat or drink except for any necessary oral medications and Read-Cat 2 as previously instructed.

If your appointment is *after* noon, you may have a clear liquid breakfast at 8:00 a.m.

Please do not hesitate to call us at 226-1800 if you have any questions.